

ATHLETICS



AQUA AEROBICS

Clay High School
 Monday & Wednesday
 7:15 - 8:00pm | Starting at \$50
 Water adds resistance to your workout.

BALLET

O'Brien Recreation Center
 Tuesday
 Times & Cost Vary by Age
 Kids will sparkle as they twirl and leap through the dance room!

OPEN GYM BASKETBALL

O'Brien Fitness Center
 Monday & Wednesday
 11:00am - 1:00pm | \$7
 Martin Luther King, Jr. Center
 Monday - Friday
 12:00pm - 2:00pm | \$7
 Adults 18 and over are welcome to enjoy the basketball gym for recreational play.

OPEN GYM VOLLEYBALL

Edison School
 Monday & Tuesday
 7:00 - 9:00pm | \$5
 Adults 18 and over are welcome to open play volleyball.

SOFTBALL

Byers Softball Complex
 Sunday - Thursday
 Times & Cost Vary
 Men's and Co-Ed leagues open for registration for fall play.

SOLDIERS BASKETBALL

Martin Luther King Jr. Center
 Monday - Thursday
 6:00 - 9:00pm | Cost Varies
 Clinics, camps, league play and workshops help develop players.

TUMBLING

O'Brien Recreation Center
 Tuesdays
 10:30 - 11:00am | \$50 for 7 classes
 Does your child love to roll, tumble and flip? They'll learn to use the balance beam and mini-trampoline.

YOUTH BASKETBALL LEAGUE

O'Brien Recreation Center/Charles Black Center/Martin Luther King Jr. Center
 Saturdays
 Times Vary | Starting at \$70
 Kids will learn the basics of basketball.

SOCIAL & WELLNESS



ADULT OPEN REC & FITNESS

Charles Black Center
 Monday - Thursday
 12:00 - 2:00 pm | Membership Req.
 Increase muscular strength and range of movement with open gym activities.

AFTER SCHOOL ALL-STARS

Charles Black Center
 Monday - Thursday
 3:00 - 5:00 pm | \$10/month/child
 Students K - 8 will receive academic support, mentoring, youth development, arts, music and more.

AFTER SCHOOL PROGRAM

Martin Luther King, Jr. Center
 Monday - Friday
 3:00 - 6:00 pm
 \$10/month/child + \$10 registration
 Students grades K - 6 are invited to a structured play and homework time, with field trips and special events throughout the year.

AFTER SCHOOL TEEN TIME

Martin Luther King, Jr. Center
 Monday - Friday
 4:00 - 6:00 pm | Free
 Students grades 7 - 12 are invited to open gym time, movies and study tables in this supervised setting.

CLICKSB OPEN LAB

Charles Black Center
 Martin Luther King Jr. Center
 Monday - Thursday
 9:00am - 3:00pm & 9:00am - 6:00pm
 Free
 Learn the basics of using a computer, setting up an email, searching the internet, and Microsoft office.

HIGH SCHOOL OPEN REC

Charles Black Center
 Monday - Thursday
 5:30 - 8:30pm | Free
 Students grades 9 - 12 will have the opportunity for fun in a supervised setting.

GROUP FITNESS

*LEARN MORE: Dates, times and cost vary by program; visit sbvpa.org for more information.

BODY TONING

O'Brien Fitness Center
 Monday - Thursday
 Be ready to use stability balls, hand weights, and more to get the definition you want in those tough areas!

BARRE

O'Brien Fitness Center
 Friday
 A hybrid class combining ballet and pilates, dance and yoga.

CARDIO DRUMMING

O'Brien Fitness Center
 Wednesday
 A full body workout fusing conditioning moves and cardio interval training while drumming!

CARDIO MIX

O'Brien Fitness Center
 Tuesday & Thursday
 Low-impact aerobics, step aerobics, and cardio dance moves to burn calories and condition your heart.

CARDIO PUMP

O'Brien Fitness Center
 Monday, Wednesday, Saturday
 Use weight bars, dumbbells and stability balls along with aerobics to tone up.

CYCLING

O'Brien Fitness Center
 Monday - Thursday, Saturday
 Cardio cycling burns fat, tones your body, strengthens your heart, and increases endurance.

HIP HOP CARDIO

O'Brien Fitness Center
 Monday
 Burn calories and tone muscle with this low-impact, high energy aerobics class.

KETTLEBELLS

O'Brien Fitness Center
 Tuesday & Thursday
 Increase flexibility and strength by using rope slams, jump rope, kettlebells and more.

MIDDLE EASTERN DANCE

O'Brien Fitness Center
 Tuesday & Thursday
 Dance your way to a great workout while learning middle eastern dance.

PILATES

O'Brien Fitness Center
 Monday, Tuesday & Thursday
 With a Zen atmosphere, you'll work your core safely and efficiently while improving your spinal alignment, posture and balance.

POUND

O'Brien Fitness Center
 Monday
 The cardio jam session inspired by the infectious, energizing and sweat-dripping fun of playing the drums!

ROCKIN' CARDIO

O'Brien Fitness Center
 Wednesday & Saturday
 A low-impact aerobics class helps burn calories in an energetic way.

RUBY'S AEROBICS

O'Brien Fitness Center
 Tuesday & Thursday
 A low-impact aerobics class designed to get seniors up and moving.

SENIOR FIT

Charles Black Center
Monday - Thursday
10:45am - 12:00pm | Free
This is a physical fitness program that focuses on upper and lower body strength, cardio endurance and flexibility.

ST. JOSEPH'S MEDICAL CENTER 55+ AEROBICS

O'Brien Fitness Center & Pinhook Pavilion
Monday - Thursday
A free fitness class designed for those 55+ using weights and resistance bands.

YOGA

O'Brien Fitness Center
Monday, Wednesday, Friday
This class moves at a leisurely pace with detailed instruction on basic postures, alignment and meditation.

ZUMBA

Charles Black Center
Monday - Thursday
5:30 - 8:30pm | \$5
Routines incorporate fast and slow rhythms with resistance training.

55+ Exercise Class

Martin Luther King Jr. Center
Monday, Wednesday, Friday
10:30 - 11:15am | Free
Chair aerobics, line dancing and more!
All fitness levels are welcome to join.

NATURE WALKS

Rum Village Nature Center
Sundays | 2:00pm | Free
Enjoy guided tours to learn more about nature and animals.
9/7: South Bend/Elkhart Audubon Society Meeting
9/15: September Hike
9/29: Historic Hike
10/6: Elbel Golf Course Hike
10/13: South Bend/Elkhart Audubon Society Meeting
10/20: Fall Color Hike
10/27: Fall Color Hike 2
11/10: Salute to Our Veterans Hike

SENIOR SOCIAL PROGRAMS EUCHRE

Zion United Church of Christ
Wednesdays & Fridays
11:00am | Free
Partner up and play this popular trick-taking game.

5 CROWN CARDS

Zion United Church of Christ
Mondays & Wednesdays
12:00pm | Free
This is a five-suited rummy-style card game.

MAHJONGG

Zion United Church of Christ
Mondays
12:00pm | Free
This tile-based game is a fun opportunity to socialize with others.

REAL SERVICES NUTRITION

Charles Black Center
Monday - Friday
11:00am - 1:00pm
A low-cost nutritional meal program with recreational activities and informational programming.

SENIOR SOCIAL TIME

Martin Luther King Jr. Center
Monday, Wednesday, Friday
11:30am - 3:30pm | Free
Enjoy games, art and crafts, health sessions, socialization, and community.

WELLNESS SERIES

O'Brien Recreation Center
October 16 & November 14
5:15pm - 6:00pm | Free
Learn about a variety of wellness topics.

SPECIAL EVENTS



DIRECTORS' YOUTH SCHOLARSHIP GOLF OUTING

Elbel Golf Course
September 6 | 10:00am | \$100
Enjoy a day of golf and support youth.

FIRST FRIDAYS: DOG DAYS OF SUMMER

Downtown South Bend
September 6 | 5:00pm | Free
Bring your furry friend downtown for a fun night out!

FIRST FRIDAYS ON THE PLAZA

Morris Performing Arts Center
September 6 | 5:00pm | Free
Stop by the Jon Hunt Plaza for some free music featuring The LowLifes!

STUDEBAKER SEASONAL SCRAMBLE

Studebaker Golf Course
September 7 | 8:30am | \$20
Enjoy an early morning of golf and camaraderie at this inaugural 2-person/9-hole scramble!

FAMILY PASSPORT TO PLAY: BACK TO SCHOOL MOVIE NIGHT

St. Joseph County Public Library
September 7 | 2:00pm | Free
It's back to school with the movie "Sky High" - a film about a super hero high school.

CARS & COFFEE

Studebaker Museum
September 7 | 8:00am | Free
You bring the car, we bring the coffee. Park your classic car and join fellow car enthusiasts.

BOOMIN' PARKS TOUR

Martin Luther King Jr. Park
September 7 | 12:00pm | Free
Performances, arts and crafts and games are suitable for the entire family to enjoy.

ERSKINE CLUBHOUSE GRAND REOPENING

Erskine Golf Course
September 10 | 3:00pm | Free
Celebrate the Grand Re-opening of the urban golf course everyone loves!

WEDNESDAY WINE WALK

Downtown South Bend
September 11 | 5:00pm | \$40
Sample wine and food from several restaurants at one great price.

SENIOR FLU SHOT CLINIC

O'Brien Recreation Center
September 19 | 10:00am | Free
Stay safe this season with a flu shot. Call ahead at 574-299-4768.

WORKOUT FOR WATER

Colfax Bridge
September 19 | 7:00pm | Minimum Suggested Donation of \$10
Les Mills workout over the beautiful South Bend River Lights with a beer oasis, food trucks, and a glow.

FAMILY PASSPORT TO PLAY: ROC UR BODY

Central Park, Mishawaka
September 20 | 5:30pm | Free
Move your body and stay healthy!

GROWN-UP MOVIE NIGHT

Four Winds Field
September 20 | 7:00pm
Starting at \$12
Enjoy a screening of Bridesmaids along with pre-movie activities.

GROOVES AT THE GRANADA

Morris Performing Arts Center
September 20 | 8:00pm | \$10
This 21+ event features Linz n Cello.

BOOMIN' PARKS TOUR

Keller Park
September 21 | 12:00pm | Free
Another neighborhood park will be activated when BOOMER brings games, activities and performances!

ROARS & POURS BREW 21+

Potawatomi Zoo
September 21 | 3:00pm | \$30
Breweries are spread around the zoo to offer you their favorite pours.

DTSB OUTDOOR FILM

The Gridiron
September 21 | 6:00pm | Free
Enjoy the family-friendly movie CARS with other special pre-movie event.

South Bend Symphony Orchestra presents Jack M Champaigne Masterworks Series

Morris Performing Arts Center
September 21 | 7:30pm
Starting at \$20
This event features Beethoven's "Eroica".

GAITHER VOCAL BAND

Morris Performing Arts Center
September 28 | 6:00pm
Starting at \$22
Since the early 1990s, the Gaither Vocal Band has captured the world of gospel music.

DAY OF GIVING

Online at sbvpa.org/give
October 2 | 24 hours
Now is your chance to make your mark on Howard Park through a variety of giving options.

FIRST FRIDAYS: OKTOBERFEST

Downtown South Bend
October 4 | 5:00pm | Free
Throw on your lederhosen and venture downtown for pumpkin-spiced food and drinks!

ROARS & POURS FAMILY NIGHT

Potawatomi Zoo
October 3 | 5:30pm
Starting at \$5
Adults enjoy beverages while kids enjoy an evening of zoo animals.

WHOSE LIVE ANYWAY?

Morris Performing Arts Center
October 4 | 8:00pm
Starting at \$45
Get ready for hilarious improvised comedy from your favorite TV show Whose Line Is It Anyway? cast!

SPECIAL EVENTS



BOOMIN' PARKS TOUR

Boehm Park
October 5 | 11:00am | Free
Check out the new playground along with BOOMER!

WEDNESDAY BEER WALK

Downtown South Bend
October 9 | 5:00pm | \$40
Sample tasty beers from a variety of restaurants for one great price.

FAMILY PASSPORT TO PLAY: ORIENTEERING FUN FOR FALL

St. Patricks County Park
October 10 | 5:30pm | Free
A fun family-friendly navigation challenge suitable for all ages. Explore the park for a fun nature riddle.

HOOP FOR HOPE

Charle Black Center
October 11 | 6:30pm | \$5
This event will bring awareness to Breast Cancer with food, fun and informational booths and vendors.

GROOVES AT THE GRANADA

Morris Performing Arts Center
October 11 | 8:00pm | \$10
This 21+ event features The Ember Jar.

THE SCREWTAPE LETTERS

Morris Performing Arts Center
October 13 | 4:00pm
Starting at \$45.50
This acclaimed stage play is adapted from C.S. Lewis' satiric masterpiece.

ZOOBOO

Potawatomi Zoo
October 18 - 20 | Times Vary
Starting at \$8/Free for members
A safe and fun family trick-or-treating adventure around the zoo.

GROOVES AT THE GRANADA

Morris Performing Arts Center
October 18 | 8:00pm | \$10
This 21+ event features The Priscilla Phillips Trio.

WOMEN ROCK - INDIANA TRUST POPS I

Morris Performing Arts Center
October 19 | 7:30pm
Starting at \$20
The South Bend Symphony welcomes three dynamic young female stars for smash hits from Aretha Franklin, Janis Joplin and more.

MAGIC OF CHAMPIONS

Morris Performing Arts Center
October 20 | 5:00pm
Starting at \$28.50
Five world-class illusionists will trick your mind with an incredible mind-bending theatrical production!

THE SECOND CITY: A BENEFIT FOR HOWARD PARK

Century Center Bendix Theater
October 22 | 8:00pm
Starting at \$45
It's The Best of The Second City featuring some of the best sketches, songs, and improv from their 58-year history.

JEFF DUNHAM

Morris Performing Arts Center
October 23 | 7:00pm
Starting at \$61
This new tour will bring new laughs with famed troupe of sidekicks Achmed the Terrorist, Bubba J and more.

TRICK OR TREATING

Downtown South Bend
October 25 | 5:00pm | Free
Dozens of businesses will take part in giving away treats and candy. Follow the map and have an evening of fun!

BEAUTIFUL - THE CAROLE KING MUSICAL

Morris Performing Arts Center
October 25 - 27 | Times Vary
Starting at \$45
Long before she was Carole King, the chart-topping legend was a Brooklyn girl with a passion.

ABRAHAM LINCOLN LIVE AT STUDEBAKER

Studebaker Museum
October 26 | 10:30am | Free
A fun and educational event for the entire family.

BOOMIN' PARKS TOUR: HALLOWEEN EDITION

Rum Village Park
October 26 | 11:00am | Free
The perfect day to stop by and enjoy the beautiful fall leaves with the entire family...and BOOMER!

COPS & GOBLINS

Four Winds Field
October 28 | 5:00pm | Free
Enjoy trick-or-treating around the stadium!

TRUNK OR TREAT

Studebaker Museum
October 29 | 5:00pm | Free
A fun opportunity for safe trick-or-treating.

RUMOURS OF FLEETWOOD MAC

Morris Performing Arts Center
October 29 | 8:00pm
Starting at \$31.50
The world's finest tribute to Fleetwood Mac graces the stage with their 2019 anniversary tour.

HALLOWEEN CARNIVAL

Charles Black Center
October 31 | 6:00pm | Free
Stop by for carnival games, costume contest, minute-to-win-it, face painting, and yummy treats!

FIRST FRIDAYS: YESVEMBER

Downtown South Bend
November 1 | 5:00pm | Free
Say YES to something new! Enjoy live music, art exhibits and dining specials.

JOE BONAMASSA

Morris Performing Arts Center
November 5 | 8:00pm
Starting at \$79
Two time GRAMMY-nominated guitar icon announces his new 2019 tour!

WILD KRATTS LIVE 2.0

Morris Performing Arts Center
November 16 | 4:00pm
Starting at \$25
Get ready to dive into another Wild Kratts classic adventure with the brothers!

PAW PATROL LIVE!

Morris Performing Arts Center
November 26 & 27 | Times Vary
Starting at \$19
Join Ryder and the gang and they go on "The Great Pirate Adventure"!

GIFT OF LIGHTS

Potawatomi Zoo
November 29 | 5:00pm
Starting at \$7
A favorite holiday tradition! More than a million lights will be wrapped around trees and displays throughout the zoo for a magical experience.

HOWARD PARK GRAND OPENING

Howard Park
November 29 | 6:00pm | Free
South Bend's first park is complete and it's time to celebrate with a spectacular grand opening! Enjoy ice skating, music, and more.

CITY OF SOUTH BEND
VENUES PARKS & ARTS
Venues Parks & Arts Administration Office
321 E. Walter St.
574-299-4765
M - F | 7:30am - 4:30pm
vpa@southbendin.gov
sbvpa.org



Byers Softball Complex*
1300 Mayflower Rd.
574-282-1449

Century Center
120 Dr. Martin Luther King, Jr. Blvd.
574-235-9711
centurycenter.org

Charles Black Center
3419 W. Washington St.
574-235-9446

East Race Waterway*
126 N. Niles Ave.
574-233-6121

Elbel Park Golf Course*
26595 Auten Rd.
574-271-9180
golfelbel.com

Erskine Park Golf Course*
4200 Miami St.
574-291-3216
golferskine.com

Howard Park
219 S. St. Louis Blvd.
visithowardpark.com

Kennedy Water Playground*
2700 Westmoor St.
574-235-9407

Leeper Park Tennis Center*
907 Riverside Dr.
574-235-9405

Martin Luther King, Jr. Center
1522 W. Linden
574-235-9445

Morris Performing Arts Center
211 N. Michigan St.
574-235-9190
morriscenter.org

O'Brien Fitness Center
321 E. Walter St.
574-299-3482

Palais Royale
105 W. Colfax Ave.
574-235-5612
palaisroyale.org

Potawatomi Pool*
2000 Wall St.
574-235-9438

Rum Village Nature Center
2626 S. Gertrude St.
574-235-9455

Studebaker Golf Course*
718 E. Calvert St.
574-287-6634
golfstudebaker.com

Maintenance Concerns
574-235-9414

Park Ambassadors
574-286-6827

*Enjoy seasonally

***LEARN MORE**

Curious about an event or want to know more? Visit sbvpa.org for more information.



HOWARD PARK

OPENING NOVEMBER 29, 2019

