

Change!

This game can be played inside or out and any size area.

Equipment Needed: None

How to play:

Have all of the participants scatter about the playing area standing on the carpet square.

One player is designated the leader and stands near the center of the playing area. The leader does not have a carpet square.

The leader calls, 'Change!' and all the other participants run and get to another carpet square as quickly as possible. The leader also tries to get to a square (only one person to a square). Because the leader did not have a square, there will be a one participant who will be without a square.

This participant then becomes the new leader.

Modifier:

Instead of carpet squares use: towels, rags, paper towel sheets, sheets of paper, etc..