

## **Clean Your Room**

Quick moving game

**Equipment Needed:** Balloons (no balloons, see modifier below)

### **How to play:**

Put about 20 balloons on a central dividing line. Put equal number of players on each side of the line.

On the signal, each team hits, kicks, blows the balloons to the opposite side of the line. They are trying to clear their area of balloons.

Stop the action after about 30 sec and count the number of balloons in each area. Keep a running total and after a set number of rounds, determine the winning group.

**Modifier:**

If you don't have balloons, use cotton balls, wadded up paper, balled up socks, etc...