Earth, Moon, Space

Great for ages 3 yrs and older, and all abilities. Great small space activity.

Equipment Needed: None

How to play:
All the players kneel in a row.

When you call, “Earth” their hands must be on the floor.
If you say, “Moon” they must put their hands on their heads.
On the command “Space” their hands should be in the air.

Anyone who fails to perform the commands correctly is “out”. Have those that are out help you judge or call the next command.

Modifier:
Instead of being out, they can perform an exercise movement such as a situp, pushup, jumping jack, etc., and then rejoin the game.