

Frisbee Golf

The object of the game is to see which player can throw a frisbee at a special target the fewest times.

Equipment Needed: Frisbee

How to play:

Identify different targets in the play area. Items that can be used to create a frisbee golf course are trees, posts, pool noodles, garden tools such as shovels, or anything that can be stood up vertically. You could also use baskets or buckets in which the frisbee would land in. Establish a tee box (or starting place) for each target.

One throw (or stroke) is counted each time the frisbee is thrown. Player one will throw their frisbee toward the target. If they hit the target the first time, it's a hole in one. If the throw falls short or goes past the target, the player then throws the frisbee from where it lands, back toward the target.

The goal is to play each hole or target in the fewest strokes possible. The player with the lowest total strokes for the entire course wins.