

Hit and Switch Volleyball

A fun cooperative game for the whole family.

Equipment: Volleyball or beach ball, net or tape

Have all the players start on one side of the net.

A selected player will hit the ball up in the air. The first player to hit it up again must go under the net to the other side.

The object of this game is to work and score as a group, let each player hit the ball and cross to the other side.

The volley must stay on one side of the net until the last player hits it over to all the waiting players. How many times can the group cross the net?

Modifier: No net, a long line on the floor or ground will do as a dividing line for the group.