

Spider Limbo

Equipment Needed: Bar or Broom Stick

How to play:

This is played just like the regular limbo with the exception that the players can go under the bar anyway they like as long as nothing touches the floor except their feet.

You'll be surprised how many ways there are to go under that bar. Having the music makes it so much fun. The record for this event is 12 inches. A gymnast set this record in 1998.