

Steeple Chase

Equipment Needed: Two small balloons per person

How to play:

Preparation: Lay out a steeple chase course indoors or out. There should be plenty of obstacles that require the players to go up and down (i.e., up stairs, under tables, over fences). Take the players on a tour of your course.

The Chase: Each person is to blow up and tie off their balloon. The object is to move through the course in the shortest possible time. The players are never allowed to hold their balloon as they move through the course. They must tap it into the air as they move through the obstacles. If the balloon lands on the ground or some object, they lose ten seconds or they must re-do the last object.

If the balloon breaks, they can pull out their second balloon and proceed on their lightweight chase. If the second balloon bursts the leader may provide a third with a sixty-second-time penalty.

The Steeple Chase can be organized competitively or cooperatively. Competitively the shortest time would win. Cooperatively would involve collectively adding everyone's times together and striving for an all-time low team score, of course this would require repeating the chase until the team is out of balloons or hot air!